

# The Expanding Viewpoint

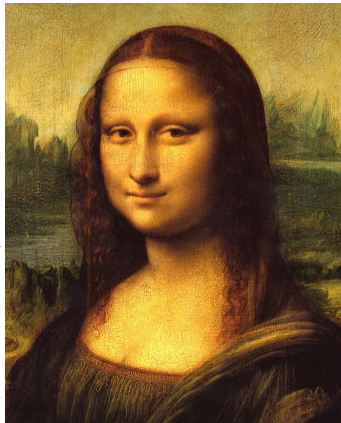
*Jeshua Speaks: You Are Not Limited*

April 2024

Beloved one, you are the Light of God. You are the Love of God. You are the embodiment of God principle, walking forth, opening the arms, hugging the other ones, smiling or sometimes putting your hands up and saying, "No, I will have peace for a moment or so -- or longer." You are the activated form of Love, walking on two feet; walking on one foot; walking on four feet, flying, being that which you have designed to be in a certain moment of time. En-joy -- be in joy. Because in Truth, you are activating whatever you want to feel and to be -- and to know that activation.

Always, beloved one, know that you walk with me. You walk as me. You talk with ones and you share your love -- my love, yes, but it is not separate from your love. When you will look upon another one and see that they are questioning, wondering, sometimes bewildered as you have been in times of this lifetime and other lifetimes as well. Sometimes when you have turned to the beloved pet and you have said, "I know you know much more than I do." And they do. They hear your thoughts. They feel your emotions. And they are there to walk with you in all situations.

Even when someone will be in what seems to be an angry place, they are exuding love in another form. And as you will stand and smile at them, it does what you term a miracle -- because it makes the other person



*Smile!*

stop and realize, "Oh, perhaps there was even a little bit of love in all of that shouting." And there is. Sometimes it is a call for love. Oftentimes when ones are shouting and they seem to be emoting, in one way or another, what they are really asking for is your love, your understanding, your calm. And as you will breathe and be the essence of peace, you allow ones to work through whatever they need to say, to be, to do -- to come to that place of Allness. As the beloved pet will do from time to time.

Beloved one, you are the maker of time. You are the ones who have said, "I will live, act, be within the circumstances/circumscribing of time in this reality, lowercase "r." You come from the Reality of your essence, the true being of you, to make for yourself an experience within time. And sometimes you rail against it. And you say, "I'm running out of time." And that is okay. Be aware that you are the maker of time. Anytime that you need to have more time, stop and breathe. Know that truly you are the essence of time having the human experience. And if you would know "more time," claim it.

Know that truly you are the maker of the reality that you are experiencing. And you are the one who then judges that. Because in Truth, even the most seemingly terrible realities, lowercase "r," that you make as human

## Springtime

Springtime is always a gift, a time of newness, a time of new possibilities. The flowers, the trees awakening, a time of new growth. And as it is with nature, it is true for us humans: we want to get out and spread our wings, travel somewhere, experience something new; ideas which were dormant over winter come to the surface and we want to know more.

Over the next months we here at your favorite New Thought University will be offering windows/classes/lectures on subjects of interest to you. Check out our listing of new classes/workshops coming in the next couple of months. Rev. Dr. Bill Evans will be offering an in-depth class on *Deepening Intuition*: Have you ever had a feeling that something deeper was going to happen -- and then it did! How did you know? And can you hone this talent so that you are living on the edge of excitement? Of course!

Reverend Dr. Eva McGinnis will continue with the in-depth study of Jeshua's newest Volume in His series on *The Personal Christ. The Ocean of Being* class will continue on alternate Thursdays throughout the rest of the year.

If you ever have wondered why you are here -- and if anyone else has wondered the same -- the Oakbridge classes are for you. New classes will be added in the coming months. Come and meet your fellow students/teachers!

Love,

*Judith*

## *The Expanding Viewpoint*

is a publication of Oakbridge University, a corporation registered in the state of Washington. The corporation is organized exclusively for religious, charitable, scientific, literary, and educational purposes within the meaning of Section 501©(3) of the Internal Revenue Code.

The Mission of Oakbridge University is, "To promote peace in the world, respect for all life, and the empowerment of each person to fulfill his/her highest potential."

You are invited to make contributions to Oakbridge University to fulfill our vision of sharing Jeshua's messages with the world.

### **Oakbridge Board of Directors:**

Eva McGinnis, President  
Kimberly Maroney, Vice President  
Bronwyn Brock, Secretary  
Renee Renninger, Bookkeeper  
Monie Smith, Treasurer  
Mirian Sanches, Members-at-large  
Josie J Rogers, Prayer Ministry  
Judith Coates, Executive Director

Hear Jeshua at

<https://oakbridgeuniversity.org>

Webmaster: William Evans  
Transcriber: Carol Januszski

Oakbridge Mailing Address:

P. O. Box 485  
Sequim, WA 98382  
Phone: 360-681-5233

beings, you are the one who is writing the drama. And you are the one who can stop at any moment and say, "Yeah, how ridiculous this is. I am all upset about a very small little thing. And it really does bother me, Jeshua. But you know, I take pleasure in emoting." And yes, there you are. You are always portraying what you desire to experience. And if you do not like what you are experiencing, stop and breathe. Choose anew.

You are in every moment, as in this moment, making the message that you are receiving. And sometimes it is the message that is being spoken. And sometimes it is the message that you need to, want to hear. And it is all okay however it goes. Allow yourself always the deep breath that says, "Wherever I am, I am." And you do not have to judge it. And if you do judge it, do not keep on judging self.

I knew all emotions of humanhood. As a small one, growing in stature and growing in experience, there were times when things did not go the way I thought they should or that I wanted them to. And yes, I know that feeling. As a small one, there were times that I was not entirely happy. You have stories about me and about my infancy and growing up. And all of them have a bit of the whitewashing that have said, "Oh, but this one was so sweet. This one never lost his temper. This one never felt anger." And yet you have stories in your history when I did lose and get into the anger – as with the money changers in the temple. There are times when there is a place for the energy. And there are places and times when love is called for even through the display of anger. There are times where the only thing that is understood by the ones around and the ones who are recording is the energy of anger -- where ones have to stop and say, "But Jeshua, you are the essence of peace?"

How can you be angry?" Are you not of the God essence? Yes.

Allow yourself to be in every moment the true essence and do not judge falsely. In other words, if there is something at some point where you feel very strongly about something and it may be that the way it gets portrayed and given to others is through the seeming anger. You have what is termed "righteous anger" which means "Stop and breathe, look at the wholeness of what is going on." And then choose anew.

Was God ever angry? Yes. There are times when -- and this is true for all -- it is the anger, as it is called "righteous anger," that stops ones in their tracks long enough to say, "But what is going on here? Why am I feeling the energy?" And to take that deep breath. And to come to a place of understanding, knowing truly the god essence.

You are all, as the essence of God, perfect. "God does not make junk." You have that saying in your world, and it is very true. Energy, yes, has to be evaluated. And to take the deep breath and to step back from it. The deep breath is your gift to yourself. Use it often. And there are times when energy is called for. Sometimes that is all that another one who is interacting with you can understand for the moment -- only for the moment. And then love: the smile takes over.

Allow yourself not to judge self harshly. Know that truly there are times when there is righteous anger, which is, perhaps at that moment, all that others will understand. Stop and





consider where you are coming from and what you want to give. Do you want to give a hard time? Did I ever do that? I did. When I was in the temple with the money changers. I did not say to them meekly. "Oh, you're not doing the right thing. You shouldn't charge all that money...." No, I needed to call attention. And there are times when you in your interaction with others, however loving you are, must get their attention first.

Every good teacher knows that if you are going to teach ones, you must get their attention first. And you try the avenues of love and soft spoken-ness. And if that does not get their attention, then you are the drama king. And I have seen all of you, drama king, drama queen. And it works. You try first the approach of love and soft spoken. But when that does not get the attention, and ones do not understand where and what you are asking, then -- as the actors upon the stage which you are, you call in well-meaning anger. It is not so much anger as it is energy. And then you come from the place of love, wanting to say and to show and to have the other one accept a new viewpoint, a new way of looking at something.

You are the essence of Love on two feet, four feet, swimming, flying. However your expression of life is, you are the essence of life energy. You are the one who writes the play you are playing in. You are the one who feels the righteous anger and judges it to be righteous.

Allow yourself to be easy with self. I see many of you, trying to be so holy that you do not allow the human expression of yourself. You have chosen -- it was not thrust upon you. You have chosen to have the human life, to be the little baby. And to express, push out all of that energy of human. And to know in exchange I am expressing love. And that little

one in arms, who does not have the words, is expressing love of self. In other words, "I am hungry. How else do I let you know?" It is the expression asking for love asking for food, asking for attention.

This is true as you grow in stature. And you get to be a bit taller and older and so forth. And you get to be the tall one, and you're still desiring something. And if you don't get it right away, then you ask for it in another way. And hopefully you will receive it on a peaceful term as opposed to having to shout to the



heavens. But if you have to shout to the heavens, shout to the heavens. The heavens will let you have it back. Allow yourself always to come from love. "Well Jeshua, when I'm emoting is that coming from love?" In truth, it is. You are allowing yourself to express that which you don't know another way to do it. So do not judge self to the place where you feel that you are a tiny little nothing here and everything is against you. That does not allow love to be given, to be expressed, to be felt. If you have to do it, and there are times .... why did I spend a good few years out in the wilderness getting in touch with myself? Because I could that way not harm someone else, even with the energy of it.

Take that as a lesson. Sometimes, you are feeling so frustrated and seeing no

way to change things that there is energy that you have to express. Doggone! Okay it! Go somewhere where you can emote if that's what you need to do. To the place where you get to the place as I did. I did not have to go out in the wilderness and shout until I had a sore throat. I tried that you know. I got really, really angry because my God that I knew at that point, was not bringing me what I thought I wanted. Now, in truth, what I thought I wanted was not going to take me to the place that I truly wanted to be. But I didn't know that. And I wanted what I wanted. And I want it now.

Ever felt that way? Sure, I've heard you say it. Okay. Exactly. I want patience and I want it now -- of course. And it doesn't always come that way.

Allow yourself to know that you are having a human experience because you have chosen to have a human experience. Do not take it out on another one. In other words, don't go and beat up someone because you are angry. They did not do anything except perhaps to be in your presence should you need that energy. Allow yourself to work through whatever it is, in perhaps a room by yourself. And you will find that the healing that you are asking for will come because the human self -- I have experienced this -- the human self will get tired. And the human self will say, "Hmm, I really don't need to do this any longer." Blessed be when you reach that place where you stop, you breathe, and you say "I am all that my Creator created me to be." And your Creator is not apart from you. It is within you as you. And at that point you can be peaceful. And you can reach out and pet the beloved pet because you know you are One, capital "O." You are one with all of nature. You are one with the stars in the heavens. You are one with the sun. You are one with the beloved animals. And you are one with your

Self, capital "S," and come home. And you do -- you come home in that space that puts a smile on the face.

And there is peace at least momentarily until something else happens. And that's okay. For once, I have heard my beloved friend and teacher, the one you know is Judith say, "Well a moment ago I was peaceful. And now this happened and I'm not gonna stand for it" So, I tell her sit down.

Beloved ones you are the essence of peace. You are the essence of humor. Allow yourself to feel at peace, happy. And if you have extra energy left over after that, make it a happy energy. Go out and dance. Climb a tree. Shout to the heavens, "How beautiful these trees are. Look at how tall they are. Oh, my goodness, you know." There's so much that you can put yourself into the essence of and be one with it. And yes, then shout to the heavens, "I am." And the bird up in the tree is going say, "What's that crazy energy going on? What is happening? Yes.

You have surrounded yourself with the essence of love everywhere you look. And if you do not see it, perhaps in the human example -- but it is there -- allow yourself to look at the intricacy of a spider web. How does the spider know how to make a spider web? How beautiful and how delicate it is. Allow yourself to feel the beauty all around you and to take in within yourself knowing that, "I am one with all that I see. I am one with that spider. And part of me, because I admire what I see, I know I've been there, done that." And you have.

You have made the most beautiful bird nest. Many, many lifetimes you have been the winged one who enjoyed being on the airwaves. And I do not mean the radio, television. But you have enjoyed the airwaves and the ease of going. You have made the nest for yourself. How did you know to do that? Well, it just seemed right

to get this twig and this piece of straw and a little bit of the extra grass and kind of put it in there. Of course. You are at all times tuned into the one mind.

"Oh. Jeshua I never thought of it that way." You are at all times, tuned in to the one mind. And if there is something that you have to know, to do, ask and it will be shown to you. "Well Jeshua, I don't really need to make a bird nest for myself. I like my house and my blankets and the warmth." So, make for yourself that which is comfortable. Ask and it will be given unto you. Sometimes in



most surprising ways. And it will be maybe at the end of the lifetime you will look back over the life. And you will say, "Oh, you know that which I was asking for? I had it all the time. I asked for love. But then I judged and I thought I wasn't getting it. I thought I was being held back and I wasn't being appreciated." You were being appreciated, but you stopped it at the doorstep and said, "No, you can't come in. I'm not good enough."

Allow yourself to be happy. You have a saying in your world that "like attracts like." If you want a happy relationship, be happy. Look at life as being a gift, which truly it is. And look at all of what you already are experiencing that is of the essence of God. Know that truly, you would not be here having a human experience unless you were of God Stuff. You are the essence of God going forward

in a human adventure. If you hear nothing else in this afternoon, remember that: you are the essence of human having a God experience. Enjoy. Know that truly all is in order. You are not here to punish yourself. You are not here to have others punish you. You are not here because you are a bad person and you have to suffer. You are here to live the adventure.

You are never without the experience that you want to call forth. And if you want to know love, give it. In the giving of it to the beloved pet, to the beloved friend, you experience it. You are the essence of God going forth. Live whatever you can dream of.

Imagine for yourself, perhaps on the four-footed ones, how would it feel to be petted. "Oh, I think I would like that." Okay. It is okay. Play with it. Life is who and what you are. Form is your plaything. Allow yourself to fly home. "Wow. You mean if my arms were a little bit different? Can I put the wings on and fly?" Yes, but have a little bit of safety. And if you jump off a tall building, make it a one story to start with.

Now, beloved ones, it has been my great joy to be amongst you in this way. To be able to look at on the human forms and to see what work of artistry you have put together in order to walk, to move, to laugh, to reach out and pet the small one or the tall one. And to know that truly you are God/Goddess/All That Is. Every lifetime you are free to experience that which you choose and to then call it either good or not so good. There is never a limitation on what you can do, be, and experience. This is the Godself of you. Go now as the God that you are -- Goddess, beautiful essence. Live, smile, be all that you can be.

So be it.

Jeshua